

INSTRUCTIONS

Below is a list of statements relating to various personality traits, behaviours, and characteristics. Using the five response options select the option that best describes you. For items of a social nature, think about situations that do not involve very close friends or family members. Try not to spend too much time thinking about each choice.

| | | Definitely Disagree | Somewhat Disagree | Neither Agree nor Disagree | Somewhat Agree | Definitely Agree |
|----|--|---------------------|-------------------|----------------------------|----------------|------------------|
| 1 | I often find myself fiddling or playing repetitively with objects (e.g. clicking pens) | | | | | |
| 2 | I like to stick to certain routines for every-day tasks | | | | | |
| 3 | I expend a lot of mental energy trying to fit in with others | | | | | |
| 4 | I am very sensitive to bright lighting | | | | | |
| 5 | There are certain activities that I always choose to do the same way, every time | | | | | |
| 6 | Sometimes I watch people interacting and try to copy them when I need to socialise | | | | | |
| 7 | I often rock when sitting in a chair | | | | | |
| 8 | I generally enjoy social events | | | | | |
| 9 | I look for strategies and ways to appear more sociable | | | | | |
| 10 | In social situations, I try to avoid interactions with other people | | | | | |
| 11 | There are times when I feel that my senses are overloaded | | | | | |
| 12 | There are certain objects that I fiddle or play with that can help me calm down or collect my thoughts | | | | | |
| 13 | Reading non-verbal cues (e.g. facial expressions, body language) is difficult for me | | | | | |
| 14 | I like my belongings to be sorted in certain ways and will spend time making sure they are that way | | | | | |
| 15 | Social interaction is easy for me | | | | | |
| 16 | When interacting with other people, I spend a lot of effort monitoring how I am coming across | | | | | |
| 17 | I find social interactions stressful | | | | | |
| 18 | I am very sensitive to touch | | | | | |
| 19 | I can tell how people feel from their facial expressions | | | | | |
| | | Definitely Disagree | Somewhat Disagree | Neither Agree nor Disagree | Somewhat Agree | Definitely Agree |

| | | Definitely Disagree | Somewhat Disagree | Neither Agree nor Disagree | Somewhat Agree | Definitely Agree |
|----|--|---------------------|-------------------|----------------------------|----------------|------------------|
| 20 | I have a tendency to pace or move around in a repetitive path | | | | | |
| 21 | I feel discomfort when prevented from completing a particular routine | | | | | |
| 22 | I rely on a set of scripts when I talk with people | | | | | |
| 23 | I find it easy to sense what someone else is feeling | | | | | |
| 24 | I am very sensitive to particular tastes (e.g. salty, sour, spicy, or sweet) | | | | | |
| 25 | I engage in certain repetitive actions when I feel stressed | | | | | |
| 26 | I rarely use non-verbal cues in my interactions with others | | | | | |
| 27 | I often insist on doing things in a certain way, or re-doing things until they are 'just right' | | | | | |
| 28 | I feel confident or capable when meeting new people | | | | | |
| 29 | Before engaging in a social situation, I will create a script to follow where possible | | | | | |
| 30 | Social occasions are often challenging for me | | | | | |
| 31 | Sometimes the presence of a smell makes it hard for me to focus on anything else | | | | | |
| 32 | There are certain repetitive actions that others consider to be 'characteristic' of me (e.g. stroking my hair) | | | | | |
| 33 | Metaphors or 'figures of speech' often confuse me | | | | | |
| 34 | It annoys me when plans I have made are changed | | | | | |
| 35 | I find it difficult to make new friends | | | | | |
| 36 | I react strongly to unexpected loud noises | | | | | |
| 37 | I have difficulty understanding someone else's point-of-view | | | | | |
| 38 | I like to arrange items in rows or patterns | | | | | |
| 39 | I try to follow certain 'rules' in order to get by in social situations | | | | | |
| 40 | I am sensitive to flickering lights | | | | | |
| 41 | I have certain habits that I find difficult to stop (e.g. biting/tearing nails, pulling strands of hair) | | | | | |
| 42 | I have difficulty understanding the 'unspoken rules' of social situations | | | | | |
| | | Definitely Disagree | Somewhat Disagree | Neither Agree nor Disagree | Somewhat Agree | Definitely Agree |

| ADMIN ONLY | | | | | | |
|------------|-----|-----|-----|-----|-----|-----|
| TOTAL | SOC | COM | CAM | FLX | REG | SEN |
| | | | | | | |